

ADELAIDE HILLS DIVISION OF GENERAL PRACTICE – GUIDE TO LOCAL SUPPORT SERVICES

Support, Information & Education

Counselling & Referral

24 Hour Emergencies

Immediate Crisis

Ambulance/Police/Fire 000

Lifeline 13 11 14

Crisis Care 13 16 11

Kids Help Line 1800 55 1800

Poisons Information 13 11 26

Rural and Remote 13 14 65

Mensline 1300 789 978

Quitline
13 78 48

Torrens Valley
Community Centre
8389 1711

Women's Health
Line
1300 882 880

Adelaide Hills
Community
Health Service
8393 1833

Child Adolescent
Mental Health
Services
8552 0600

Family Drug
Support Service
1300 368 186

Murray Bridge
Police
8535 6020

Mens Line
1300 789 978

Gumeracha
Hospital
8209 9200

Legal Help Line
1300 366 424

Drought Hotline
180 2020

The Hut Community
Centre
8339 4400

GPs can provide
Counselling advice
& referrals

Youth Health
Line
1300 131 719

Gambling
Helpline
1800 060 757

Mt Barker
Police
8391 6199

Mt Barker
Hospital
8393 1777

Centrelink
13 10 21

Parent Helpline
1300 364 100

Centrelink Drought
Assistance
13 23 16

Small Business
Helpline
1300 360 306

Mt Barker Council
8391 7200

Rural Financial
Counselling Service
1800 836 211

Mt Pleasant Hospital
8568 0000

Rural & Remote Mental
Health Service
13 14 65

Veteran & Families
Counselling
1800 011 046

Adelaide Hills
Council
8408 0400

Womens Information
Service
1800 188158

Strengthening Family
Relationships Counselling
8557 9050

Commonwealth Respite &
Carelink Centre
1800 052 222

Rural Women's
Counselling Service
1800 182 098

Seniors Info
Service
1800 636 368

Alcohol & Drug
Info Service
1300 131 340

Mt Barker
Family House
8391 2747

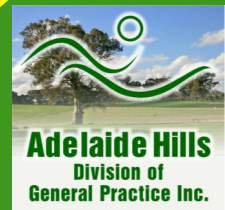
Lifeline Mental
Health Info Service
1300 131 114

Counsellors &
Psychologists
(see Yellow Pages)

Beyond Blue
Info Line
1300 22 4636

The Adelaide Hills Division of General Practice offers assistance for communities affected by drought. For support, or just to talk, contact Dianne Cottrell.

Phone: 8406 7700



Enhancing Health,
Supporting GPs